

# BEN BERG BASEBALL ACADEMY



Ben Berg spent his high school years training at POWER and was very involved with Sanford POWER's baseball academy. Ben was tragically lost in a hunting accident in 2016. Through a donation from Ben's parents, Carrie and Jim Berg, Ben's legacy continues. Our mission to him and to his parents is to provide the best facility, training and resources to athletes of all ages to fulfill their baseball potential.

Because of Ben's donation and POWER's recent expansion and relocation, our baseball program will be expanded and improved. With over 10,000 square feet of field turf, two drop-down batting cages, portable pitching mounds and multiple drop-down nets, we can now offer a baseball-specific academy that provides training for each component of the game.

The academy will now offer three separate skills training sessions: hitting, pitching and defensive/fielding. Each component will last six weeks. Athletes can participate in just one of the skills or all three of the skills if they wish.

With our improved facility, we can now offer an academy that allows baseball players in our region to improve their skills year-round in an environment that replicates a true playing situation.



## **Dates: January 14, 21 and 28; February 4, 11 and 18**

Grades 1-3	12:00 p.m.	Hitting	Grades 7-9	3:00 p.m.	Fielding
	1:00 p.m.	Throwing		4:00 p.m.	Throwing
	2:00 p.m.	Fielding		5:00 p.m.	Hitting
Grades 4-6	12:00 p.m.	Throwing	Grades 10-12	3:00 p.m.	Fielding
	1:00 p.m.	Hitting		4:00 p.m.	Hitting
	2:00 p.m.	Fielding		5:00 p.m.	Throwing

**Each "skill" is \$100.**

For specific details and to register, **call Sanford POWER at 701-323-1125.**  
Class size is limited so call soon for availability.



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