

Sanford POWER Athlete Guidelines

As of 5/8/20

1. Sanford POWER athletes must pre-schedule their training sessions at least 24 hours in advance by calling (605) 312-7800.
 - a. Athletes are asked to provide 24-hour notice for cancellations.
2. POWER clients/athletes enter through the north doors only. (Academies will use the east doors.)
3. POWER athletes should arrive dressed to train. Locker rooms and showers will be unavailable.
4. Hours of operation are: Monday-Thursday 5:30 a.m.-8 p.m.; Friday 5:30 a.m.-6 p.m.; Saturday-Sunday closed.
5. Athletes should not arrive early. They should remain in their vehicles until 5 minutes before their scheduled workout time, and then enter the north doors maintaining at least six feet of distance from other individuals at all times.
6. All athletes will be screened individually before entering the facility. This includes a temperature check, and answering a series of COVID-19 questions.
 - a. If an athlete's temperature is 100.4 or higher, OR they answer "yes" to any of the COVID-19 screening questions they will be asked to return home.
7. Clients/athletes must check in at the front desk.
8. The client will be asked to use hand sanitizer upon entering the building. There will be multiple sanitizer located throughout the facility.
9. Clients/athletes are encouraged to bring their own water bottles. Water fountains are available to fill water bottles and will be cleaned hourly.
10. No visitors will be allowed to enter the Fieldhouse with athletes/clients. This includes parents of minors.
11. Common sense will be applied in a situation of rides arriving and/or leaving.